

## Conversations and Connections with Your Daughter

# WEEK 1

## Day 1

### Read through Psalm 119:1–8.

#### ⌘ Aleph<sup>1</sup>

<sup>1</sup>Blessed are those whose ways are blameless,  
who walk according to the law of the LORD.

<sup>2</sup>Blessed are those who keep his statutes  
and seek him with all their heart—

<sup>3</sup>they do no wrong  
but follow his ways.

<sup>4</sup>You have laid down precepts  
that are to be fully obeyed.

<sup>5</sup>Oh, that my ways were steadfast  
in obeying your decrees!

<sup>6</sup>Then I would not be put to shame  
when I consider all your commands.

<sup>7</sup>I will praise you with an upright heart  
as I learn your righteous laws.

<sup>8</sup>I will obey your decrees;  
do not utterly forsake me.

**Highlight** words or phrases that create a sense of how you can practice the presence of God. Discuss the phrases *blessed*, *blameless*, *walk according to the law*, *statutes*, *follow his ways*, *fully obeyed*, *steadfast*, and *praise*. What do these phrases mean for your daily walk with God? Consider the ways in which your life is a testimony that reveals Christ to others.

#### Today's Key Verse

“Blessed are those who keep his statutes and seek him with all their heart” (Psalm 119:2).

#### Pray Together

Pray for God to help you walk in obedience and reflect Christ to others.

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1. Psalm 119 is an “acrostic” poem divided into 22 sections that each begin with a letter of the Hebrew alphabet.

**Memorize the Weekly Verse**

“Open my eyes that I may see wonderful things in your law” (Psalm 119:18).

**Shared Journal Experience**

Turn to the journal section for week 1, day 1, in this book and switch back and forth to share words of encouragement to one another.



